

Eating Disorders and Disability Status: An Intersectional Approach

FRIDAY, SEPTEMBER 15, 2023

9-11:30AM

THIS VIRTUAL EVENT IS FREE OF CHARGE

2 CE CREDITS

OUR PRESENTER

SHANNON HAYS, LPC, MPH, CEDS, CAADC, CCTP
SHE/HER/HERS



Shannon Hays, LPC, CEDS is a Licensed Professional Counselor and specializes in working with children, adolescents, young adults, adults and families wishing to overcome an array of challenges. These include trauma, addictions and co-occurring disorders, eating disorders, body image issues, anxiety/depression, mood disorders and many other concerns. Shannon is a Certified Eating Disorder Specialist (CEDS), and holds certifications in Trauma, Advanced Alcohol and Drug Counseling and Dialectical Behavioral Therapy. She has earned a Master of Arts in Professional Clinical Counseling from LaSalle University and a Master of Public Health from Capella University.

Shannon believes that all individuals have the strength to make lasting change in their lives. Shannon takes a strengths-based, person-centered approach to therapy, with an emphasis on compassion and creating a safe space for the individual. Shannon practices a solutions-focused, holistic approach to change and is an open and affirming provider.

In addition to providing therapy, Shannon is the Outreach and Training Coordinator and LPC Supervisor at Bucks Support Services.

PROGRAM DESCRIPTION

People living with disabilities face unique stressors that contribute to the development and maintenance of clinical and subclinical eating disorders. This presentation will provide clinicians working with eating disorders with an understanding of the intersection between disability status and eating disorders. The speaker will share lived experiences as a person with a disability and will share clinical examples. Workshop participants will gain skills to allow them to better serve individuals with disabilities and to develop competent and effective treatment models.

OBJECTIVES

1. Define "disability" status and how it can contribute to eating disorders
2. Discuss ableism and its connection to eating disorders
3. Describe two factors in competent treatment for eating disorders and disability status

Please register to join us via Zoom by visiting
tinyurl.com/greaterphillysept23

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QUESTIONS?:

Send an email to philaiaedp@gmail.com



CE credit information:
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